



ARCHBISHOP MACDONALD CATHOLIC HIGH SCHOOL

14219 109 Avenue NW • Edmonton AB T5N 1H5

Ph: 780-451-1470 • Fax: 780-455-5571

Archbishop MacDonald High School Student Application Self-Reflection

Your response should be a maximum of **2 pages, double-spaced, 12-point font**, and include three main sections using some of the examples provided.

1. Reasons for Seeking Admission

- Explain why Archbishop MacDonald High School appeals to you.
- Examples:
 - Academic programs (e.g., AP courses, strong academics).
 - Faith-based education and values.
 - Extracurricular opportunities (clubs, sports, arts).

2. Future Goals Beyond High School

- Share your aspirations:
 - Post-secondary plans (university, college, trade school).
 - Career interests (e.g., medicine, engineering, arts).
- Connect these goals to how Archbishop MacDonald can help you achieve them.

3. About Yourself & Leadership/Volunteer Experience

- Reflect on your character and interests.
- Highlight experiences such as:
 - Volunteering in community organizations or school events.
 - Leadership roles (team captain, club leader, student council).
 - Participation in sports, music, cultural activities.

Tips for Writing

- **Be authentic:** Share personal stories or examples.
- **Show alignment:** Link your experiences and goals to the school's values.

