

ÉCOLE ARCHBISHOP MACDONALD CATHOLIC HIGH SCHOOL
VIEWBOOK 2024-2025

MAC LIFE



OPEN HOUSE:
THURSDAY, FEBRUARY 22, 2024 @ 7:00 PM

IB Presentation @ 7:30 PM
French Immersion Presentation @ 8:00 PM

GRADE 9 APPLICATION SUBMISSION @ MAC:
MONDAY, MARCH 4 – THURSDAY, MARCH 7, 2024

Check MAC website for application information.

APPLICATION DEADLINE:
THURSDAY, MARCH 7, 2024 @ 7:00 PM

ÉCOLE ARCHBISHOP MACDONALD CATHOLIC HIGH SCHOOL
14219 109 Avenue NW | 780-451-1470 | archbishopmacdonald.ecsd.net

MISSION:

École Archbishop MacDonald Catholic High School is a compassionate Catholic community where we engage with challenging and rewarding programs while fostering diversity. We empower our students to be inquiring, knowledgeable, and caring while serving others in the name of Jesus Christ.

VISION:

École Archbishop MacDonald Catholic High School provides a learning environment that is safe, productive, and has the flexibility to support students' specific learning styles. The students will be engaged with active learning where their curiosity will be cultivated through encouraging inquiry, logical thinking and critical reasoning. We prepare students for successful roles in an ever-changing society by challenging them to persevere and by instilling an appreciation of the intrinsic beauty of learning.

ÉCOLE ARCHBISHOP MACDONALD CATHOLIC HIGH SCHOOL
LIFE



WELCOME!

WELCOME!



Welcome to Archbishop MacDonald Catholic High School, a World International Baccalaureate World School! MAC is a faith-based school that is continuously recognized for our academic excellence, successful athletic programs, and inclusive learning environment.

Archbishop MacDonald offers a French Immersion Program that challenges our immersion students to continually strive for excellence in their courses while promoting French culture within our school. All students have the opportunity to pursue courses in the IB Diploma Programme to elevate their abilities, encourage personal growth, and cultivate leadership capacity. Our Career and Technology courses give students opportunities to develop and enhance their skills and knowledge to build their future endeavours. The Visual and Performing Arts Programs recognize students for their creativity and innovation through a variety of methods, supporting students to be risk-takers in their field of study. Our Second Language Courses support students to reach their full potential as they join an international community. MAC athletics develops competitive athletes with strong leadership skills.

At MAC, we prepare students who are inclusive, responsible, and open-minded. Student leadership is important to youth development and our school community as it helps to build future leaders. To encourage balance in our students' lives, our MAC Council and Peer Support work closely with the teachers and the student body to bring exciting events and activities to the school. We encourage all students to find their voice and become involved in the school community, becoming a part of our MAC Life!

Archbishop MacDonald is a unique Catholic High School with specialized academic programs and a warm, diverse, and welcoming environment in which to learn. A strong tradition of academic excellence in tandem with spiritual dimensions and community involvement is embedded in our school and our success. We look forward to welcoming you into our school community!

Looking forward to meeting you,

A handwritten signature in purple ink, which appears to read 'Theresa Antonakis', is placed above the printed name.

Theresa Antonakis
Principal





Welcome future Marauder!

I am incredibly grateful to be writing to MAC's future graduating class of 2027! Archbishop MacDonald has played an integral role in providing me with valuable lessons, leadership opportunities, and relationships among my peers. MAC opens its arms to all students and embraces us because we, Marauders, are one big family. Archbishop Macdonald is an inclusive and welcoming environment; there is nothing to fear when moving from your previous junior high school into your new home here at MAC. I, too, have been in your shoes as a grade ten student. I remember having butterflies in my stomach and being nervous to meet my new teachers and classmates. After the first day of grade ten, I raved to my parents about the astounding MAC community. My peers and teachers showed me incredible hospitality that made me feel comfortable. I immediately felt at home and knew I had made the right decision to attend Archbishop MacDonald. Entering high school is a huge milestone! All of you will remember these years, and they will stay with you for an eternity. As a Marauder, no student is missed during these years because of memorable events that MAC's clubs create, watching school sports games, watching a band concert presented by our MAC Music Council, or even watching a play hosted by our Drama Program. Our school is a place where each student finds their niche. I promise you will never feel alone at Archbishop MacDonald.

Are you a natural leader? MAC Council is our school's student union, representing the student body. Joining a club helps you develop your leadership and communication skills. This is important when entering your first year of postsecondary and the workforce. You will be communicating not only with classmates, but you will also be communicating with your teachers. As the MAC Council president, I have grown as a leader through my involvement on the Council and playing on various sports teams these past three years. I am grateful that I took the opportunity to be involved, which helped build my confidence and embrace the opportunity to work together as a team. Archbishop MacDonald is devoted to welcoming every single one of you future Marauders! You are our future, and you all play a vital role here at MAC. The years yet to come will be rewarding, and every step you take will be something to remember. Our students here at Archbishop MacDonald are proud of their peers and look forward to meeting our future Marauders.

Archbishop Macdonald is an incredible and diverse community, and we are excited to have YOU join our MAC family. My best advice for you is to have fun in these next three years and let MAC support you through your high school journey. We are thrilled to see the difference you will make here at Archbishop MacDonald. Remember, DO NOT sweat the small stuff.

Welcome to the MAC community!

You are all AMAZING!

All the best,

Alexa Moore

MAC Council President 2023-2024



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EXTRACURRICULAR & CLUBS

MORE AT MAC THAN ACADEMICS...

Afro Dance Club	Improv Club
Art Club	International Mindedness Club
AYTC (Alberta Youth Theatre Collective)	Korean Dance Club
Black Student Association	Le club francais
Blood Bus	MAC Council
Book Club	MACLife Ambassadors Club
Business Leadership Club	MAC Athletics Committee
Card Game Club	Model UN Club
Chess Club	Mosaic Club
Citadel Club	Music Council
Dance Club	Newspaper Club
Dungeons and Dragons Club	Opera Club
Ethics Bowl	Peer Support
Everyone Under the Rainbow Club	Photography club
Filmmakers Club	Ski and Snowboard Club
Fitness Club	Social Justice
Fun Run Club	Speech and Debate Club
Gardening Club	STEM Club
	Yearbook Club





GRADE TEN PROGRAMMING FOR 2024 - 2025

GRADE 10 ORIENTATION AND M10

At MAC, our Grade 10 students are welcomed the first day in the fall with a Grade 10 Orientation. MAC has students attending from Junior High schools across the city and starting at a new school can be challenging. This orientation day is a great opportunity to make new connections and develop new friendships. During this day students have the opportunity to learn more about MAC, find their classes, meet their teachers, and make any necessary changes to their schedule PRIOR to the Grade 11 and 12 students returning to class. Orientation day supports students in their transition to High School and gives them an opportunity to meet other members of the MAC community before actual classes begin.

M10s are randomly assigned groups of Grade 10 students who meet throughout the school year. The group meetings encourage friendship, communication, and support for fellow students. M10 groups meet for the first time during Grade 10 Orientation Day and periodically thereafter to ensure students are aware of teams and clubs they can join, how to approach exams, how to deal with a difficult situation, and how best to approach learning and studying while still having fun and connecting with others. M10 groups are led by members of our Peer Support Team and teachers who assist students in finding their way through their first year of High School.

All students who meet the entrance requirements at École Archbishop MacDonald Catholic High School complete an Academically Enhanced Program. All of our courses focus on preparing the student for success in Alberta assessments, as well as post-secondary. Our Enhanced Program uses the

IB philosophy to encourage the holistic development of all students. The Learner Profile and Approaches to Teaching and Learning are used at all levels so that students develop a better understanding of curriculum objectives.

	ACADEMICALLY ENHANCED/PRE-IB Grade 10	ACADEMICALLY ENHANCED PROGRAMMING Grade 11 & 12	IB-DIPLOMA PROGRAMME Grade 11 & 12
Prerequisite to enter the programme:	Grade 9 MAC acceptance requirements. Please see page 38	Completed 10 level course equivalent	75%/ with teacher recommendation
Curriculum Coverage:	Alberta Education curriculum	Alberta Education curriculum	Alberta Education curriculum and IB Diploma curriculum
Knowledge Base Focus:	Alberta Education content Amalgamation of global contexts, key concepts and related key concepts into the Alberta Program of Studies	Alberta Education content ***PLUS*** Increases the depth of Alberta Education content	Increases the depth of Alberta Education content ***PLUS*** Expands breadth of knowledge by teaching additional topics beyond Alberta Education curriculum that are found in the IB Diploma curriculum
Assessment Strategy:	Summative Assessments = Alberta Education curriculum	Summative Assessments = Alberta Education curriculum	Summative Assessments = Alberta Education curriculum IB curriculum is assessed separately with externally moderated IB projects and exams* Students receive a separate IB transcript listing IB courses completed Students completing a full IB Diploma will receive an IB diploma in addition to the transcript
Post-Secondary Advancements	Preparation for IB Diploma and Alberta Education exams at the Grade 12 level	Final admission based only on Alberta Education mark	Advanced standing at the university level through: • transfer credit (automatically awarded for students with grades of (5, 6, 7) • advanced placement in senior-level courses • credit by special assessment • eligibility for IB-specific scholarships • credit for professional program prerequisites (i.e. Pharmacy, Medical Laboratory Science, and Radiation Therapy) Knowledge and experience using important research and writing skills required at the university level International recognition by universities and employers as a successful academic program that develops motivated and independent learners

* and is not included in the Alberta Education Summative Grade



INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAMME

The IB (DP) Diploma Programme has a strong reputation for delivering a quality program with high standards and pedagogical leadership that promotes intercultural understanding and respect.

IB MISSION STATEMENT

International Baccalaureate aims to develop inquiring, knowledgeable, and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end, the organization works with schools, governments, and international organizations to develop challenging programmes of international education and rigorous assessment.

These programmes encourage students across the world to become active, compassionate, and lifelong learners who understand that other people, with their differences, can also be right.



INTERNATIONAL BACCALAUREATE LEARNER PROFILE

The aim of all IB programmes is to develop internationally minded people who recognizing their common humanity and shared guardianship of the planet and help to create a better and more peaceful world.

AS IB LEARNERS WE STRIVE TO BE:

INQUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

CARING

We show empathy, compassion, and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

RISK-TAKERS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national, and global communities.

INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAMME

IB-DP COORDINATOR: Jennifer Vandendooren (Jennifer.Vandendooren@ecsd.net)

The Diploma Programme (DP) is a 2 year (Grade 11 and 12) program that focuses on:

- delivering a complimentary academic program that prepares students for success at university and increases academic opportunities
- developing research and writing skills, critical thinking, and reflection for personal and academic growth
- building networks and connections with like-minded students who challenge each other to reach their potential

There are 2 possible IB-DP registration options:

FULL IB-DP CANDIDATE

- Students who take six IB courses (one from each of the subject groups) and the IB core courses
- Students experience a holistic approach to learning with a focus on the development of both academic and personal potential
- Students participate in CAS, which provides opportunities to develop leadership skills, take on new initiatives, and focus on important non-academic skills that are used in job, post-secondary, and scholarship applications

IB-DP COURSE CANDIDATE

A student who takes one or more IB-DP courses, but does not enrol in the IB core courses.

IB DIPLOMA CORE COURSES

Theory of Knowledge (TOK)	Extended Essay (EE)	Creativity, Activity, Service (CAS)
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IB DIPLOMA SUBJECT GROUPS

Group 1: <i>Studies in Language and Literature</i> • English A: Literature (HL)	Group 2: <i>Language Acquisition</i> • French B (SL & HL) • Spanish ab initio (SL)	Group 3: <i>Individuals and Societies</i> • History (HL)
Group 4: <i>Sciences</i> • Biology (HL) • Chemistry (SL) • Physics (HL)	Group 5: <i>Mathematics</i> • Mathematics (SL)	Group 6: <i>The Arts</i> • Visual Arts (SL & HL) • Theatre Arts (SL & HL)



10 REASONS

why the IB Diploma Programme (DP) is ideal preparation for university

1



It increases academic opportunity

Research* shows that DP graduates are much more likely to be enrolled at top higher education institutions than entrants holding other qualifications.

2



IB students care about more than just results

Through creativity, action, service (CAS) you learn outside the classroom and develop emotionally and ethically as well as intellectually.

3



It encourages you to become a confident and independent learner

For example, the extended essay requires independent research through an in-depth study.

6



The IB encourages critical thinking

Learn how to analyse and evaluate issues, generate ideas and consider new perspectives.

5



Graduates are globally minded

Language classes encourage an international mindset, key for increasingly globalized societies.

4



It's an international qualification

The DP is recognized globally by universities and employers.

7



DP students have proven time management skills

Take good study habits and strong time management to further education and the working world.

8



It assesses more than examination techniques

Learn to understand, not just memorize facts or topics, and prepare for exams.

9



Subjects are not taught in isolation

Theory of knowledge (TOK) classes encourage you to make connections between subjects.

10



It encourages breadth and depth of learning

You are able to choose courses from six subject groups and study subjects at different levels.



*Based on IB research - www.ibo.org/research

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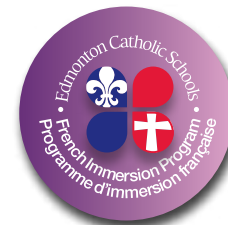
International Baccalaureate®
Baccalaureat International
Bachillerato Internacional

Being a French Immersion student at MAC, doesn't just mean to learn a beautiful language, but to be immersed in its spectacular culture. As a community, the French Immersion students experience two authentic French culture activities:

**LE CARNAVAL
D'IMMERSION ET LE
CARNAVAL HIVERNAL.**



FRENCH IMMERSION



The French Immersion bilingual program at École Archbishop MacDonald provides opportunities for International Baccalaureate Diploma courses, as well as exceptional athletics and Fine Arts Programs. At MAC, our French Immersion students are exposed to a variety of learning experiences nationally and internationally through video conferences with the Centre for Global Education. Our French Immersion students are proud to share their bilingualism skills and French culture globally and within our MAC community. Therefore, the continuation of French Immersion at the High School level benefits the students for post-secondary and lifelong opportunities.

FRENCH IMMERSION ENTRANCE REQUIREMENTS

Must have 65% in each of the following Grade 9 courses:

- English Language Arts 9
- Études Sociales 9
- French Language Arts 9
- Mathématiques 9
- Religion 9
- Sciences 9

GRADE 10 (20 credits)

FLA 10-1 + 3 mandatory courses

- Études Sociales 10-1
- Mathématiques 10C
- Sciences 10

GRADE 11 (15-25 credits)

FLA 20-1 IB-DP + at least 2 more courses

- Études Sociales 20-1* (Enrichies)
- Mathématiques 20-1* (Enrichies)
- Biologie 20* (Enrichie)
- Chimie 20* (Enrichie)

GRADE 12 (15-30 credits)

FLA 30-1 IB-DP + at least 2 more courses

FLA 30-2 IB-DP + at least 2 more courses

- Études Sociales 30-1* (Enrichies)
- Mathématiques 30-1* (Enrichies)
- Biologie 30* (Enrichie)
- Chimie 30* (Enrichie)
- Sciences 30* (Enrichies)

** Courses will be offered pending sufficient enrolment*

French B-IB (HL)

French B-IB (HL) is an embedded course in FLA 30-1 and FLA 30-2 for French Immersion students who wish to receive six university credits at the University of Alberta and other post-secondary institutions, only if they finish the course with a final grade of 6 or 7.

The French Immersion (FI) students who complete a minimum of 50 credits in FI courses will receive a FI certificate at the time of their graduation. In addition, ECSD will facilitate the writing of the B2 DELF exam. This official French Language Diploma will assist students who wish to have an international recognition of their language skills.

For any questions or inquiry, please contact

Mrs. Eshak at rania.eshak@ecsd.net





RELIGION AT MAC

Rooted in the teachings of Christ, students of all faith journeys are given the gift to explore their spiritual health at École Archbishop MacDonald Catholic High School. Reaching above and beyond the rich academic offerings of Religious Studies 15/25/35, students find a permeation of our Catholic faith within all of their courses. With a passionate school chaplain and teachers living and teaching through their faith, religious formation becomes a foundation for a student at MAC. From the academia of religious studies to the lived community, guided in the light of Christ, students not only grow mentally and physically but also spiritually.

GRADE 10

Religious Studies 15

GRADE 11 AND 12

- Religious Studies 25
- Religious Studies 35

For full IB-DP students, refer to the IB section for alternatives.

CHAPLAIN'S MESSAGE



École Archbishop MacDonald Catholic High School is a safe and vibrant community rooted in Catholic faith. Staff and students alike are truly blessed to be able to work in such an environment. The staff and students at MAC eagerly accept, support, and engage in all aspects of faith permeation in our school. We begin every day with prayer and conclude every day with a blessing. Guided and inspired by the light of Christ, we place relationship, community, and faith at the heart of all we do. We look forward to having you join us and sharing your gifts with the community!

Chris Ferguson
School Chaplain





PHYSICAL EDUCATION AND WELLNESS

Physical Education and Wellness provides students with the opportunity to receive their required 3 credits in CALM **in conjunction** with their Physical Education credits. By incorporating CALM into the one block of physical education, students have more flexibility within their timetable for additional courses either in Grade 10 or 11. In addition to our in-school units, our Grade 10 classes can explore physical education through a variety of outdoor experiences such as biking and snowshoeing in the River Valley and two ski trips to the mountains.

GRADE 9	GRADE 10	GRADE 11	GRADE 12
	Physical Education 10 CALM Students receive credit in both	Physical Education 20	Physical Education 30



ATHLETICS

GET YOUR GAME ON



ATHLETICS:

- Badminton
- Basketball
- Cross-Country
- Curling
- E-Sports
- Golf
- Ninja Warrior
- Slow Pitch
- Soccer
- Swimming
- Track and Field
- Volleyball

RECENT CHAMPIONSHIP TEAMS:

Basketball

- Senior Girls Basketball (2015, 2016, 2020, 2022)
- Junior Girls Basketball (2019)
- Senior Boys Basketball (2019)

Rowing

- Mixed Rowing (2019)
- Girls Rowing (2018)

Soccer

- Junior Boys Soccer (2014, 2023)
- Senior Girls Soccer (2022)
- Junior Girls Soccer (2014-2017)

Volleyball

- Junior Boys Volleyball (2014, 2022)
- Junior Girls Volleyball (2014, 2016)

INDIVIDUAL/TEAM ACHIEVEMENTS:

Badminton

- Badminton 4A Provincials (2022, 2023) Team Bronze Medalists
- Badminton 4A Provincials (2022):
 - › Gold - Junior Mixed Doubles
 - › Gold - Junior Girls Doubles
 - › Silver - Junior Girls Singles
 - › Silver - Intermediate Girls Singles
 - › Bronze - Senior Girls Singles
- Badminton 4A Provincials (2018) Consolation Winners - Junior Girls Doubles
- Badminton Metro Silver Medalists (2018) - Junior Girls Doubles

Basketball

- Senior Girls Basketball (2017, 2018) Division One 4th place finish

Cross-Country

- Cross-Country 4A Provincials (2019) Senior Girls 9th place finish
- Cross-Country 4A Provincials (2018) Intermediate Girls 6th place finish

Golf

- Golf 4A Provincials (2023) Individual Boys 5th place finish
- Golf City Champion (2021) Individual Girls 1st place finish

Soccer

- Senior Girls Soccer (2023) Division One 3rd place finish
- UVic tournament (2023) 1st place finish

Track and Field

- Track and Field 4A Provincials (2022, 2023) Individual Gold Medal
- Provincial qualifiers (2015 - 2023)

Recent Metro All-Stars

- Boys Volleyball (2017, 2021)
- Girls Volleyball (2013, 2021)
- Boys Basketball (2013, 2019, 2023)
- Girls Basketball (2015, 2016, 2018, 2021, 2022)

Metro Female Athlete of the Year (2023)



Archbishop MacDonald High School offers a full complement of athletic teams that compete in the Metro Athletic League. At Archbishop MacDonald, we strive to develop well-rounded student-athletes; we take pride in both our academic and athletic achievements. In recent years, Archbishop MacDonald Athletics has produced numerous student-athletes who have gone on to post-secondary varsity athletics, including the University of Alberta, MacEwan University, Concordia University, Trinity Western, Queen's University, St. Francis Xavier University, Grande Prairie Regional College, and several other NCAA colleges. As part of the Archbishop MacDonald athletics program, students have the opportunity to travel to several out-of-town tournaments throughout Western Canada. All of our coaches have specialized certification within their respective sports to help foster student development. We possess college-standard equipment and technology, including a volleyball attack cannon, a basketball shooting machine, and the streaming of all home games.

FINE ARTS

MAKE YOUR MARK



MUSIC

COME TO MAC FOR MUSIC: GIVE YOUR BRAIN THE WORKOUT IT DESERVES!

All music programs present a variety of musical genres and styles. The instructors carefully select repertoire that will allow students to achieve the outcomes of the Alberta Curriculum and reinforce the concepts being taught in theory, history, and ear training.

Students will explore their musical interests through ensembles and self-directed projects with access to computer software for composition and arranging of their own music.

Students are provided with a subscription to SmartMusic, an interactive program that gives immediate feedback and allows students to complete assignments in the comfort of their home or the classroom's practice rooms.

COURSES OFFERED

- **Choral Music 10** (3 & 5 credits)
- **Choral Music 20** (3 & 5 credits)
- **Choral Music 30** (5 credits)
- **General Music 10** (3 credits)
- **General Music 20** (3 credits)
- **General Music 30** (3 credits)
- **Instrumental Music 10** (3 & 5 credits)
- **Instrumental Music 20** (3 & 5 credits)
- **Instrumental Music 30** (5 credits)
- **Jazz Instrumental 15** (3 credits)
- **Jazz Instrumental 25** (3 credits)
- **Jazz Instrumental 35** (3 credits)
- **"MACappella" Vocal Jazz 15** (3 credits)
- **"MACappella" Vocal Jazz 25** (3 credits)
- **"MACappella" Vocal Jazz 35** (3 credits)

* Please note that General Music is offered as "Archbishop MacDonald Honour Band"

* General Music (Honour Band), Instrumental Jazz, and Vocal Jazz run outside of the regular class time and students must audition for a placement in those groups.



VISUAL ARTS

Visual Arts at MAC provides students with an opportunity to engage in a wide variety of art media in two and three dimensions including oil paint, acrylic pouring, and a variety of drawing media. The Visual Arts program is founded on the belief that the skills needed to become proficient in visual arts are attainable by all learners. With guidance, practice, and patience, the refinement of these skills result in the creation of original works.

Visual Arts at MAC offers a truly unique art experience in a dynamic and exciting learning environment. Instruction and assessment strategies allow for a diverse and personalized experience that is accessible by all students regardless of their past art experiences and readiness levels.

COURSES OFFERED:

- **Art 10** (3 & 5 credits)
- **Art 20** (3 & 5 credits)
- **Art 20 IB-DP** (3 & 5 credits)
- **Art 21** (3 & 5 credits)
- **Art 30** (5 credits)
- **Art 30 IB-DP** (5 credits)
- **Art 31** (3 & 5 credits)



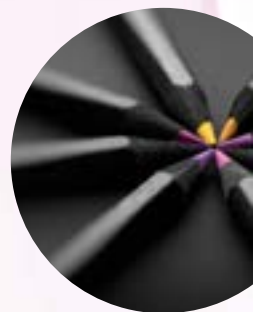
DRAMA

No experience necessary! Drama at MAC is playful, practical, and creative! Join our Drama community by being part of a large production, participating in our improv club, or writing a review of a local High School show for the Edmonton Youth Theatre Collective.

Expand your creative abilities and improve your communication skills by getting involved in Drama at MAC!

COURSES OFFERED:

- **Drama 10** (3 & 5 credits)
- **Advanced Acting/Touring Theatre 15** (5 credits)
- **Technical Theatre 15** (3 credits)
- **Drama 20** (3 & 5 credits)
- **Drama 20 IB-DP**
- **Advanced Acting/Touring Theatre 25** (3 credits)
- **Technical Theatre 25** (3 credits)
- **Drama 30** (5 credits)
- **Drama 30 IB-DP**
- **Advanced Acting/Touring Theatre 35** (5 credits)
- **Technical Theatre 35** (5 credits)





CAREER AND TECHNOLOGY STUDIES

HANDS-ON LEARNING

The CTS Lab at Archbishop MacDonald features brand new computers, laptops, and a dedicated Threadripper rendering station computer that has 24 cores. It has 3D printers, photography, and videography equipment, a green room, a large-scale plotter, and charging stations for students who prefer to bring their own equipment. This room is designed to be unlike the typical computer lab and to encourage problem solving through creation.

COMMUNICATION TECHNOLOGY (3 credits)

The Communication Technology (ComTech) strand covers the areas of graphic design, photography, and videography. At the Grade 10 level, students will complete a 1-credit module in each of these areas before specializing at the 20 level. The photography and video equipment are regularly updated, and students have access to DSLR cameras, high-quality microphones and lighting equipment. Students considering a career in graphic design, photography, filmmaking, or advertisement would benefit from the experience gained by completing this course. Communication Technology 30 (5 credits) can be used as one of your courses for admission into some post-secondary programs.

COMPUTING SCIENCE (3 credits)

The Computing Science strand of CTS is an introduction to algorithmic literacy, computer programming, as well as the history and evolution of computers and technology. The programming portion of this course has a project-based game

design approach with students having the ability to individualize the projects they create to their areas of interest. This starts with the Scratch programming language and progresses into Java programming with Greenfoot, Eclipse, before finishing with some Python programming. This course is valuable preparation for students interested in pursuing a career in Computer Science, Engineering, or Game Design. Computing Science 30 (5 credit) is accepted by most post-secondary institutions as a 30-level Science.

DESIGN STUDIES (3 & 5 credits)

The Design Studies strand covers CAD (computer-aided design) work, with the intent of creating realistic 3D designs. Students start out using the modelling program Rhino3D, and some start to use Blender at the 20 and 30 levels. There are opportunities to complete projects that use the 3D printers at all levels. The ability to think spatially and in 3D model are very important in careers such as Engineering, Architecture, and Video Game Design. Design Studies 30 (5 credits) can be used as one of your courses for admission into some post-secondary programs.

EXPAND YOUR LEARNING OPPORTUNITIES



BUSINESS & ENTREPRENEURSHIP (3 credits)

Students in Business and Entrepreneurship will create their own venture (business) with the opportunity to sell their created products/services. Most of the assignments are group work, and this concept stimulates the idea of a business model. There are a variety of assignments that accompany the venture that teach students basic business skills. For example, formulating a business plan, advertising, and a financial forecast.

FILM AND MEDIA ARTS 15/25 (3 credits)

Introduces students to film as an art form. Films are much more than entertainment; they motivate people, stimulate thought, encourage questioning, express personal viewpoints, and provide social and political commentaries. Films also convey the richness of the human experience at its best and worst. The intent of this class is to teach the student to appreciate the artistic and narrative quality of film as one of our most endearing art forms. The primary focus will be on film criticism and analysis. Numerous genres of film will be studied.

FITNESS PERFORMANCE BEGINNER (3 credits)

Fitness Performance is a CTS course that provides students with the opportunity to explore the world of athletic performance and training. At the Beginner level, students learn the basics of resistance, cardiovascular and flexibility training. They also identify various ways to train in both individual and group settings. At the Advanced level, students engage in a personalized fitness journey that will best help them achieve their fitness goals. Teachers help to guide students on this journey. Students that excel in the Fitness Performance course

are likely to find success in careers such as Personal Training, Recreational Planning and Physiotherapy. If you love being active and want to improve your physical fitness, this is the right class for you!

HEALTH FIELDS BEGINNER (3 credits)

Intro. To Health Fields will appeal to students who want to learn more about the health, wellness, and medical field. Students will be introduced to the fundamentals of health in Canadian society, medical terminology, human anatomy (especially pertaining to the musculoskeletal system), physiology, disease, the prevention and treatment of diseases and musculoskeletal injuries/conditions, therapeutic modalities, mental health and mental diseases, and much more. The content learned will provide students with a foundation necessary to pursue medical careers such as Physician, Nursing, Psychiatric Nurse, Dentistry, Respiratory Therapy, Optometry, Physiotherapy, Occupational Therapy, Chiropractic, Medical Imaging, Firefighter, Paramedic (EMR/EMT), Massage Therapy, or any other medical field.

SPEECH AND DEBATE 15 (3 credits)

Allows students to develop their skills in the various speech arts. Active participation and discussion by all students will foster increased confidence in public speaking and an appreciation of the validity of differing points of view and positions on a range of important issues.



INTERNATIONAL LANGUAGES

**“Learning a second language is more than just a boost to your CV or handy for travelling.
It will make you smarter, more decisive, and even better at English,” ~ Anne Merritt**

The second language program leads to tremendous opportunities in the global community. Students develop further cultural understanding through the process of learning multiple languages. All of our 20 and 30-level courses are offered in conjunction with the International Baccalaureate Diploma Programme. They promote cultural awareness, and they provide students with listening, speaking, reading, and writing applications.

**All 30-level Second Language courses are accepted
for Post-secondary registration requirements.**

GRADE 10	GRADE 11	GRADE 12
Spanish 10 - 3Y	Spanish 20 - 3Y or 20 IBDP - 3Y	Spanish 30 - 3Y or 30 IBDP - 3Y
French 10 - 9Y	French 20 - 9Y or 20 IB-DP - 9Y	French 30 - 9Y or 30 IB-DP - 9Y
French Immersion & Francophone students not in the F.I. program cannot enrol in any French as a Second Language class		Can challenge the French 30 level

Students who are fluent in French, Italian, Polish, Spanish, and Tagalog can challenge the 30-level of these second languages.

SPANISH AS A SECOND LANGUAGE

SPANISH 3Y PROGRAM (5 credits per level) - No prerequisite

The Spanish 10 course is a beginning level designed for students with no prior language knowledge. As such, there are no prerequisite requirements for it. The Spanish ab-initio IB Diploma course is offered within the 20 and 30-level courses.

FRENCH AS A SECOND LANGUAGE

FRENCH 9Y PROGRAM (5 credits per level)

The French 9-year program is intended for students who have been taking French since Grade 4. The French B-IB (SL) diploma course is offered within the 20 and 30-level courses. Prior IB knowledge is not required.

For any questions or inquiries, please contact **Mrs. Eshak** at rania.eshak@ecsd.net

ENGLISH



ENGLISH 10-1 ENHANCED (5 credits)

English 10 Enhanced is an academic course that integrates language and literary skills through the study of the short story, essay, novel, poetry, film study, Shakespearean, and modern dramas. Critical and interpretative analysis becomes an important function of both literary appreciation of texts and the creation of texts.

Students will be challenged to explore their understanding of author's rhetoric through a scholarly study of a variety of texts. English class will foster critical thought, independent learning, and imagination necessary to excel in post-secondary

studies. Students at MAC have access to up-to-date resources & texts, dictionaries, laptops, computer labs, and printers dedicated for English classes. We believe practice makes perfect! Teachers work collaboratively and use common resources to ensure consistent standards and to prepare students for the next level of study.

Teachers are pedagogical leaders at the provincial and division levels, are IB trained, and are dedicated to improving MAC life for students by being involved in a variety of extracurricular activities.



SOCIAL STUDIES

SOCIAL STUDIES/ÉTUDES SOCIALES 10-1 ENHANCED (5 credits)

This course explores multiple perspectives on the origins of globalization and the local, national, and international impacts of globalization on identity, lands, cultures, economies, human rights, and quality of life. The infusion of multiple perspectives will allow students to examine the social, economic, and political effects of globalization on peoples in Canada and the world; including the impact on First Nations, Métis, Inuit, and Francophone communities as specific human contexts.

As all students are part of the enhanced course, they will experience the curricular challenges through an in-depth development of the required related issues in an increasingly interdependent world. A greater degree of independent learning, written response, individual research, and classroom participation is required in the enhanced class.

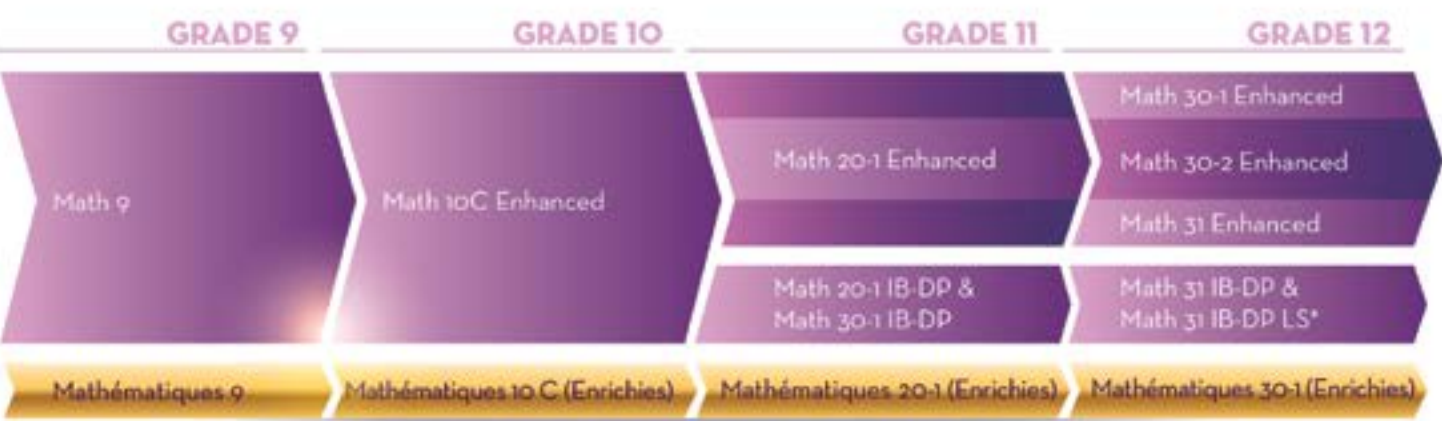


MATHEMATICS

MATHÉMATIQUES/MATHEMATICS 10 COMBINED ENHANCED (5 credits)

This course represents the starting point for High School mathematics and is a prerequisite for entrance into the Mathematics 20-1 and 30-1 course sequence. Mathematical comprehension and understanding are given a high degree of priority during this transition course into high school mathematics. Course topics include: Number Sense, Measurement (Metric & Imperial), Polynomials, Linear Functions, Systems of Linear Equations and Trigonometry.

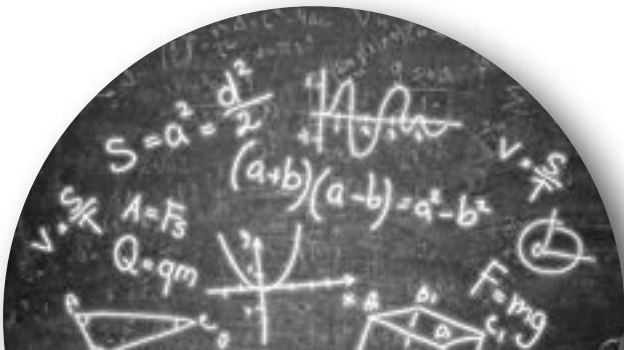
- * Details about the framework of the new program can be found on the Alberta Education website at education.alberta.ca
- To register in the International Baccalaureate Diploma Programme, it is required that students have 80% and a teacher recommendation in Math 10 Combined Enhanced



ACCELERATED MATH 10 C



***Math 31 IB-DP LS (Learning Strategies)** is an extra 3 credit course associated with the instruction of Math 31 IB-DP



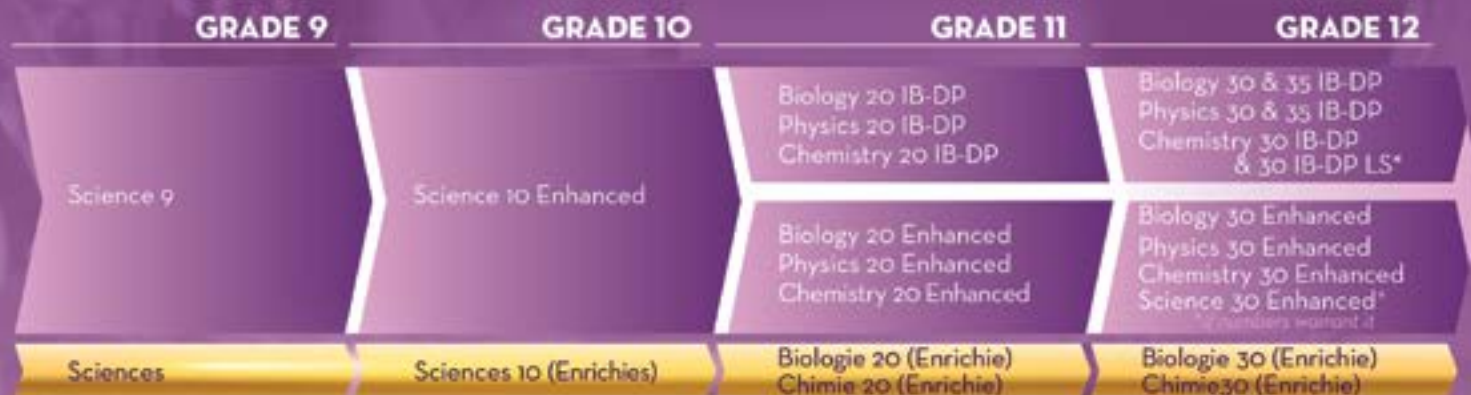
SCIENCES



SCIENCE 10 ENHANCED (5 credits)

Our Science 10 Enhanced is an academic course that expands the content of the Alberta Education Science 10 curriculum. It nurtures students' growth and encourages students to strive for higher levels of achievement.

With an emphasis on practical work, the course provides many opportunities for students to apply knowledge and conceptual understanding in a broad range of contexts in order to achieve at a standard of excellence.



In Grade 11 & 12, students can choose the program stream of their choice by course and depending on the entrance requirements.

ACCELERATED SCIENCE



Accelerated Science 10 students should take a Chemistry class in their Grade 10 year (Chemistry 20 Enhanced or 20 IB-DP).

Students whose Science 10 grade falls between 75% - 79% are to register in Chemistry 20 Enhanced.

Students whose Science 10 grade with 80% or higher can register in Chemistry 20 Enhanced or Chemistry 20 IB-DP.

As an alternate to Chemistry 20 Enhanced, students can choose Biology 20 Enhanced but two Grade 11 sciences are NOT recommended in the Grade 10 year.

**Chemistry 30 IB-DP LS (Learning Strategies) is an extra 3 credit course associated with the instruction of Chemistry 30 IB-DP*

PERSONALIZED LEARNING TIME (PLT)

TAKING YOU FURTHER

This is a block of time offered once a week to our students so that they can be the drivers of their learning. Teachers will offer a menu of choices from which students are required to sign up for. Choices for students are varied, with the intention being that the student has the decision-making power to decide what they need to register for to be successful.

Our PLT sessions provide a variety of opportunities to students, such as:

- Post-secondary visits
- Guest speakers
- Community events
- Field trips
- Teacher support
- Student-led initiatives
- Wellness activities
- Clubs
- Collaborative sessions
- Exam prep



TRANSITION TO THE FUTURE

POST-SECONDARY STUDIES

YOUR WORLD AWAITS

Archbishop MacDonald strives to prepare students to take that next step to post-secondary studies. Whether students are planning on attending one of the excellent universities, colleges, or technical schools in the Edmonton area, or have their sights set on an international experience, MAC students have the opportunities to explore programs and careers first-hand.

Students are invited to attend a wide range of post-secondary information sessions held yearly to speak to representatives

from universities either in person (if permitted) or virtually. MAC is very fortunate to have an outstanding academic reputation nationally and universities and colleges are eager to recruit MAC students.

Scholarships are available to students to help subsidize the cost of post-secondary education and students are encouraged to visit the MAC website or speak with one of our advisors in the Student Services department to get more information.



STUDENT SERVICES

PARTNERS IN YOUR SUCCESS

Archbishop MacDonald Student Services is proud to offer support to students in their educational and post-secondary planning. We are also here to help if students are experiencing personal difficulties that may interfere with their academic, social or family life. Our Student Services team works with individuals and families one-on-one or in groups to ensure the best high school experience possible. Our school counsellors, mental health therapist, and learning coach will meet students' personal and learning needs as students journey through their high school years.

The Student Services Department is committed to providing students with the necessary tools to ensure they learn the importance of balancing their academic lives with their social and family lives. Our philosophy is that a well-rounded student will be happier and more successful. MAC's Students Services department is an inclusive community and welcomes everyone.

HIGH SCHOOL DIPLOMA GRADUATION REQUIREMENTS



The requirements indicated in this chart are the minimum requirements for a student to attain an Alberta High School Diploma. The requirements for entry into post-secondary institutions and workplaces may require additional and/or specific courses.

100 CREDITS INCLUDING THE FOLLOWING:

- **English Language Arts - 30-level**
(English Language Arts 30-1 or English Language Arts 30-2)
- **Social Studies - 30-level**
(Social Studies 30-1 or Social Studies 30-2,
Études Sociales 30-1 or Études Sociales 30-2)
- **Mathematics - 20-level**
(Mathematics 20-1, Mathematics 20-2,
Mathematics 20-3 or Mathématiques 20-1)
- **Science - 20-level¹**
(Science 20, Science 24, Biology 20, Chemistry 20,
Physics 20, Biologie 20 or Chimie 20)
- **Physical Education 10 (3 credits)**
- **Career and Life Management (3 credits)**

10 CREDITS IN ANY COMBINATION FROM:

- Career and Technology Studies (CTS)
- Fine Arts
- Second Languages³
- Physical Education 20 and/or 30⁴
- Locally developed/acquired and locally authorized courses in CTS, fine arts, second languages
- Knowledge and Employability or IOP occupational courses
- Knowledge and Employability courses
- Registered Apprenticeship Program courses

10 CREDITS IN ANY 30-LEVEL COURSE

(In addition to a 30-level English Language Arts and a 30-level Social Studies course as specified above)⁵

These courses may include:

- 35-level locally developed/acquired and locally authorized courses
- Advanced level (3000 series) in Career and Technology Studies courses
- 35-level Work Experience courses⁶
- 30-4 level Knowledge and Employability courses
- 35-level Registered Apprenticeship Program courses
- 30-level Green Certificate Specialization courses

FURTHER NOTES

- For 30-level courses that have a diploma examination, the final course mark consists of a blend of the school-awarded mark and the diploma examination mark.
- For more information, students in Francophone programs should consult the Alberta High School Diploma Requirements for French First Language–Francophone.
- Mature students should consult the Mature Students section for applicable requirements.
- All graduates from Edmonton Catholic Schools must also complete Religion 15/25/35.

For more information, please review *Alberta Guide to Education*

¹ The science requirement—Science 20 or 24, Biology 20, Chemistry 20 or Physics 20—may also be met with the 10-credit combination of Science 14 and Science 10.

² Science 20 is not available in Francophone schools.

³ Students may earn any number of credits in the study of second languages, but only a maximum of 25 language credits may be used to meet the 100-credit requirement for the Alberta High School Diploma.

⁴ Students entering Grade 10 in the 1998-1999 school year and subsequent school years will be able to use Physical Education 20 and/or 30 to meet this 10-credit requirement.

⁵ 30-level English or 30-level Social Studies courses from a different course sequence may not be used to meet the 30-level course requirement.

⁶ Students may earn any number of credits in Work Experience, but only 15 credits may be used to meet the 100-credit requirement for the Alberta High School Diploma.

COURSE LISTINGS

Subject Credits

GRADE 10

Students must be enrolled in 8 full blocks

ENHANCED CORE

English 10-1.....	5
Études Sociales 10-1.....	5
French Language Arts 10-1	5
Math 10 Combined	5
Mathématiques 10C	5
Phys. Ed. 10 Wellness Female	8
Phys. Ed. 10 Wellness Male.....	8
Religious Studies 15	3
Science 10	5
Sciences 10.....	5
Social Studies 10-1.....	5

ENHANCED COMPLEMENTARY COURSES.....

** Advanced Acting/Touring Theatre 15.....	5
Business & Entrepreneurship.....	3
Art 10	3/5
Choral Music 10.....	3/5
Com Tech 10	3
Computing Science 10	3
Design Studies 10.....	3/5
Drama 10	3/5
Film and Media Arts 15	3
Fitness Performance Beginner	3
French 10-9Y	5
* General Music 10	3
Health Fields Beginner	3
Instrumental Music 10.....	3/5
* Instrumental Jazz 15.....	3
Spanish 10-3Y	5
Speech and Debate 15	3
* Technical Theatre 15	3
* Vocal Jazz 15	3

GRADE 11

Students must be enrolled in 6.5 full blocks

ENHANCED CORE

Biologie 20	5
Biology 20	5
Biology 20 IB-DP.....	5

Chemistry 20.....	5
Chemistry 20 IB-DP.....	5
Chimie 20	5
English 20	5
English 20-1 IB-DP.....	5
Études Sociales 20-1.....	5
French Language Arts 20-1 IB-DP (HL)	5
Mathématiques 20-1	5
Math 20-1.....	5
Math 20-1/30 -1 IB-DP SEM (gr.11 only)	10
Physics 20.....	5
Physics 20 IB-DP.....	5
Religion Studies 25.....	3
Social Studies 20-1.....	5
Social Studies 20-1 IB-DP.....	5

ENHANCED COMPLEMENTARY COURSES.....

** Advanced Acting/Touring Theatre 25.....	5
Art 20	3/5
Art 20IB-DP	5
Art 21	3/5
Choral Music 20.....	3/5
Com Tech 20	3/5
Computing Science 20.....	3
Design Studies 20.....	3/5
Drama 20.....	3/5
Drama 20IB-DP	5
Extended Essay 35IB-DP ¹	3
Film and Media Arts 25	3
Fitness Performance Advanced	3
French 20-9Y	5
French 20-9Y IB-DP (SL)	5
* General Music 20	3
General Psychology 20 (Grade 11 & 12 students only)	3
Health Fields Advanced.....	3
Instrumental Music 20.....	3/5
* Instrumental Jazz 25.....	3
Phys. Ed. 20 Male	3/5
Phys. Ed. 20 Female.....	3/5
Spanish 20-3Y	5
Spanish 20-3Y IB-DP (ab initio)	5
* Technical Theatre 25	3
TOK 25IB-DP.....	3
* Vocal Jazz 25	3

GRADE 12

Students must be enrolled in 5 full blocks

ENHANCED CORE

Biologie 30	5
Biology 30.....	5
Biology 30IB-DP	5
Biology 35IB-DP	3
Chemistry 30.....	5
Chemistry 30IB-DP.....	5
Chemistry 30 IB-DP Learning Strategies	3
Chimie 30	5
English 30-1.....	5
English 30 IB-DP	5
English Literature 35 IB-DP	3
Études Sociales 30-1.....	5
French Language Arts 30-1 IB-DP (HL)	5
French Language Arts 30-2 IB-DP (HL)	5
Mathématiques 30-1	5
Math 30-1.....	5
Math 30-2.....	5
Math 31.....	5
Math 31 IB-DP.....	5
Math 31 IB-DP Learning Strategies	3
Physics 30.....	5
Physics 30 IB-DP.....	5
Physics 35 IB-DP	3
Religion Studies 35.....	3
Science 30.....	5
Social Studies 30-1.....	5
Social Studies 30-1 IB-DP	5
World History 30IB-DP	3

ENHANCED COMPLEMENTARY COURSES.....

** Advanced Acting/Touring Theatre 35	5
Art 30	5
Art 30IB-DP	5
Art 31	5
Choral Music 30.....	5
Com Tech 30	3/5
Computing Science 30.....	5

Design Studies 30.....	3/5
Drama 30	5
Drama 30 IB-DP	5
Extended Essay 35IB-DP (continued from Grade 11)	
Fitness Performance Advanced	3
French 30-9Y	5
French 30-9Y IB-DP (SL).....	5
* General Music 30.....	3
Health Fields Advanced.....	3
Instrumental Music 30.....	5
* Instrumental Jazz 35.....	3
Phys. Ed. 30.....	3/5
Spanish 30-3Y	5
Spanish 30-3Y IB-DP (ab initio)	5
* Technical Theatre 35.....	5
Theory of Knowledge 35 IB-DP.....	3
* Vocal Jazz 35	3

SL Standard Level - IB
HL Higher Level - IB
ab initio from beginning

* These courses are offered after school from 3:30 -5:30 p.m.
Days T.B.A. and by audition only.

** By Audition only

NOTE: Advanced Acting/Touring Theatre, General Music, Instrumental Jazz, Vocal Jazz, and Extended Essay, are taken in addition to the minimum required blocks for each grade level.

¹ For full IB-DP students only

ENTRANCE REQUIREMENTS

Students wishing to apply to École Archbishop MacDonald Catholic High School must have a **minimum grade of 75%** in each of the following Grade 9 subjects:

Religious Studies
English Language Arts
Mathematics
Science
Social Studies.

****Marks in these subjects are not averaged but a per-course minimum of 75%.***

It is important to note that general academic courses such as English 20-2, Social Studies 20-2, Math 20-3 and Science 24 are not offered at Archbishop MacDonald Catholic High School. Students who are recommended for these courses are required to enrol in a high school offering the appropriate expertise in these areas.

As Archbishop MacDonald offers a robust academic program that prepares students for success after high school, it is required that all core subjects be taken at MAC.

ADMISSION STEPS:

1. Complete the application form* available online at archbishopmacdonald.ecsd.net

* The application forms will be labelled as such:

- Grade 10 French Immersion Application
- Grade 10 Enhanced Program Application
- Grade 10 Planning for Full IB Application

2. The following must also be submitted:

- Part A – Academic Standing documentation
 - i. Current Grades dated within one week of application
 - ii. Most recent Report Card
 - iii. IPP (if applicable)
- Part B – Candidate Self Reflection
- Part C – Student/Parent Agreement
- Part D – Field Trip Form

3. Students must submit completed application documents and a copy of their birth certificate (if born in Canada) or proof of citizenship during application week which will run March 4 – 7, 2024.

4. Application deadline for the 2024-2025 school year is Thursday, March 7, 2024 at 7 PM.

5. Letters of acceptance or non-acceptant will be emailed to each applicant by the end of April.

6. Verification of FINAL GRADES will be completed in June to ensure entrance requirements are met.
**** Final acceptance is subject to final marks.**

MAC Viewbook will be delivered to ECSD Junior Highs and also available on our website.





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